Yale New Haven Health COVID-19 Screening Guidelines

**Ambulatory Triage Algorithm for Obstetrical Patient Telephone Calls**

**Screen for COVID-19**

See YM/YNHHS COVID-19 Screening Questions and Temperature Guidelines

In the last 14 days, have you tested positive for COVID-19, knowingly been exposed to anyone with COVID-19, or are you awaiting a COVID-19 test result?

**OR**, do you have any of the following: Fever ≥100.0°F or 37.8°C, cough, shortness of breath, chills, shaking chills, fatigue, muscle pain, headache, sore throat, new loss of taste or smell, congestion or runny nose, nausea or vomiting, diarrhea?

**OR**, have you been outside of Connecticut or New York in the last 14 days? If yes, where have you traveled?

**Negative COVID Screen**

- Continue standard triage for OB symptoms
- Communicate next scheduled appointment w/ Pt if no acute concerns
- Review CDC Recommendations for social distancing including mask/face cover

**Positive COVID Screen**

RN/MD/APP Triage patient & develop plan of care for medical management and COVID-19 testing

**Does patient have Pregnancy Symptoms/Concerns?**

- **MILD/MOD symptoms & NO Clinical/Social Risks**
  - Consider phone assessment & management, office assessment as needed
  - Order outpt SARS-CoV-2 test, instruct patient to self-schedule via MyCart or await call from YNHH test scheduler
  - Review CDC recs for Home Isolation.

- **SEVERE SYMPTOMS Regardless of Clinical/Social Risks**
  - Instruct patient to seek evaluation in the ED
    - Notify ED, and L&B charge RN to expect OB patient arrival with positive screening
    - Triage for OB symptoms

- **MILD/MOD symptoms & YES Clinical/Social Risks**
  - Triage for OB symptoms
  - Determine correct location for SARS-CoV-2 test
    - Outpt: Order outpt test
    - Inpt: Refer to hospital for care and COVID test
  - Consider phone or office evaluation. If requires face to face evaluation, notify L&B

**YNHH COVID-19 Hotline:** 833-ASK-YNHH (7 days per week, 7am – 7pm)

Infection prevention staff available via hotline

YNHH: YSC L&B 203-688-2309  
YSC ED: 203-688-6786  
SRC ED: 203-789-3464

BH: L&B 203-384-3145  
LMH: L&B 860-444-5103  
GH: L&B 203-863-3510

SiM Ambulatory Task Force 11/8/2020
### ACOG/SMFM Illness Severity Assessment for Triage of Pregnant Women with Suspected or Confirmed Novel Coronavirus (COVID-19)

#### Severe Symptoms
- Difficulty breathing or shortness of breath?
- Difficulty completing a sentence without gasping for air or needing to stop to catch breath frequently when walking across the room?
- Cough more than 1 teaspoon of blood?
- New pain or pressure in the chest other than pain with coughing?
- Unable to keep liquids down?
- Are there signs of dehydration such as dizziness when standing?
- Less responsive than normal or confused?

#### Mild/Moderate Symptoms
- No positive answers to severe symptom screen
- Feels unwell
- Breathing OK

### ACOG/SMFM Clinical and Social Risks

#### Co-morbidities
- Hypertension
- Diabetes
- Asthma
- HIV
- Chronic heart disease
- Chronic liver disease
- Chronic lung disease
- Chronic kidney disease
- Blood dyscrasia
- Current use of immunosuppressive medications

#### Obstetric Issues (e.g. preterm labor)

#### Inability to care for self