

Ambulatory Triage Algorithm for Obstetrical Patient Telephone Calls



Screen for COVID-19

In the last 30 days, have you been in contact with anyone who was confirmed or suspected to have COVID-19, including outside the US.

OR

Do you have any of the following:

- Fever $\geq 100^{\circ}\text{F}$ or 37.8°C
- New Cough
- New shortness of breath
- New sore throat
- New chills
- **Travel in the last 14 days**

OR

Have you been advised to stay home by a medical professional due to illness that might be COVID-19



Negative COVID Screen

- Continue standard triage for OB symptoms
- Communicate next scheduled appointment w/ Pt if no acute concerns
- Review CDC Recommendations for Social Distancing



Positive COVID Screen
 RN/MD/APP Triage patient & consults
 YNHH COVID-19 hotline, if needed
 833-ASK-YNHH



Does patient have Pregnancy Symptoms/ Concerns?



MILD/MOD symptoms & NO Obstetric Concerns

- Consider phone assessment and management and office assessment as needed
- Use YNHH COVID-19 hotline guidance as needed
- Review CDC recommendations for Home Isolation.



SEVERE SYMPTOMS Regardless of Obstetric Concerns
Instruct patient to seek evaluation in the ED

- Notify ED, and L&B charge RN to expect OB patient arrival with positive screening
- Continue standard triage for OB symptoms



MILD/MOD symptoms & YES Obstetric Concerns

- Continue standard triage for OB symptoms
- Use YNHH COVID-19 hotline guidance as needed
- Consider phone or office evaluation. If requires face to face evaluation, notify L&B

YNHH COVID-19 Hotline: 833-ASK-YNHH (7 days per week, 7am – 7pm)
 Infection prevention staff available via hotline

YNHH: YSC L&B 203-688-2309; YSC ED 203-688-6786; SRC L&B 203-789-3461; SRC ED 203-789-3464
BH: L&B 203-384-3145 LMH: L&B 860-444-5103 GH: L&B 203-863-3510

ACOG/SMFM Clinical and Social Risks

Maternal Co-morbidities

- Immunocompromised/suppressed
 - Transplant
 - Inflammatory bowel disease or Rheumatologic Disease
 - Active treatment with biologics
 - Prednisone >20mg/d
- Class III Obesity
- Insulin dependent or poorly controlled diabetes
- Maternal cardiac disease
- Hypertension disease in pregnancy requiring medical therapy
- Renal insufficiency
- Moderate/sever respiratory disease (i.e. asthma requiring treatment; CF)
- Neurologic disease (Parkinson's, ALS, spinal cord injury, seizure, CVA)
- Active cancer

Obstetric Issues (e.g preterm labor)

Inability to care for self

ACOG/SMFM Illness Severity Assessment for Triage

Influenza like Illness (ILI) and/or COVID-19 Symptoms

Mild/Moderate symptoms

Breathing okay
Feels poorly
Coughing a lot

Severe symptoms

Unable to get out of bed
Dyspneic (RR>25 breaths/minute)
Chest pain
Tachycardia
Difficulty completing a sentence
Confused