

Guidance for Managing Potential Roommate Exposure to COVID

Purpose: to provide guidance on how to manage patients in a multi-bed room when one patient tests positive for COVID.

If a patient is being tested for COVID, it is usually best to wait for test results to return before moving patients. If the test is positive or the clinician has strong concern for COVID in setting of negative test:

COVID positive patient

Move the COVID+ patient to private room on COVID isolation with isolation sign at door

- negative pressure or HEPA- filtered room preferred, if available
- move to COVID unit in hospitals that have designated units

Roommate(s)

If patients were in room together for more than 2 hours or any amount of time if a selected AGP was performed (as outlined in PPE policy) in the past 2 weeks

- If the roommate tested positive for COVID in the last 90 days, they are not considered contagious and no further action needs to be taken.
- Move patient to a private room or close the other beds in a multi-bed room. Patient does not need to move to a space designated for COVID patients. At YNHH, if Medicine bed is needed patient can be placed on a COVID unit.
- Place Iso Reason of “Quarantine- Exposed COVID” in patient’s chart
- Place patient on COVID isolation with isolation sign at door
- Perform COVID test upon identification of potential exposure and at day 10 post exposure
- Remove from quarantine when day 10 testing results return negative
- Patient may be discharged during the quarantine period. The Iso Reason will remain on the chart for 14 days. Offer day 10 testing to patient as an outpatient.
- Notification to patient
 - MD to notify patient. CLEAR program available to assist with discussion regarding disclosure.
 - Each DN to determine process for MD notification
 - Notification to be documented in the patient’s Epic chart
 - If patient identified after discharge, MD to call patient
 - Notifying them of exposure
 - Provide post exposure guidance
 - Offer testing to patient (Day 5-7 post exposure suggested) and instructions on how to get tested (order test with online scheduling or refer to Call Center to schedule).
 - If patient already discharged to a facility, IP will notify that facility and document that notification in the patient’s Epic chart.