

COVID-19 Exposure FAQs

Key Points

- **Symptomatic:** If you are symptomatic stay at home and call the COVID-19 Call Center at 833-ASK-YNHH (option 2) between 7 am - 7 pm, 7 days a week. Never second guess your symptoms.
- **Work Exposure:** If you are concerned about an exposure at work and are asymptomatic contact your supervisor.
- **Home/Community Exposure:** If you are concerned about an exposure in the community or at home, call the Call Center.

What is an exposure?

An exposure is defined as:

- Close contact (within 6 feet for 15 minutes or more over a 24-hour period) with a COVID-19 positive person without appropriate personal protective equipment (PPE) or involved in an aerosol generating procedure without a respirator. Refer to HCW COVID Exposure Risk table.
- If you have contact with someone who believes they had contact with someone else with COVID-19, you are not at risk. You need to have direct contact with someone who is infected.

What should a supervisor do if their staff is concerned about an exposure?

- Refer to the table to help determine the level of exposure and next steps.
- Reach out to local Infection Prevention team if they need assistance or a medium or high risk exposure is identified.

I have been exposed and this was confirmed by my supervisor. What do I do?

- Refer to the table.
- For non-significant exposures, no further actions will need to be taken. As always, you should be monitoring for symptoms of COVID-19 and checking your temperature twice a day.
- Asymptomatic staff identified during an exposure investigation will be contacted by Occupational Health within 2 days. Do not call the Call Center unless you haven't been contacted in that time frame.
- Staff are to complete a report of injury in Infor if this exposure occurred in the workplace. If not employed by YNHHS reach out to your supervisor for guidance.

Is testing of asymptomatic staff available?

Mass asymptomatic staff testing was performed in June and again in relation to 2 outbreaks this past month. The positivity rate of asymptomatic staff was extremely low. We are continuing to focus on testing high risk patients and staff.

What should I do to keep myself and others safe in the workplace?

Refer to the COVID Transmission Control Toolkit which can be found on the YNHHS intranet's COVID resource site (<http://intranet.ynhh.org>) or the Marketplace Print Center (form #17555).

COVID-19 Exposure Risk For Staff

STEP 1: Determine HCW PPE level		STEP 2: Determine COVID + Person PPE level		STEP 3: Determine Risk level	STEP 4: Implement recommended measures
Exposure Scenario*				Exposure Risk	Recommendation
Staff PPE	COVID-19 + Person			NO SIGNIFICANT RISK	IF HCW <u>asymptomatic</u> , – Continue to WORK no further follow up – Self-MONITOR for fever & symptoms twice daily If HCW <u>symptomatic</u> , – CONTACT Occupational Health (7am - 7pm) @ COVID Call Center 833-ASK-YNHH (option 2) – EXCLUDE from work + SELF-ISOLATE – Test
No Mask	No mask > 6 feet OR < 15 min				
Mask	Mask				
Mask & goggles/face shield	No Mask				
Mask, no goggles/face shield	No mask < 6 feet for =/> 15 minutes over a 24-hour period			MEDIUM RISK	IF HCW <u>asymptomatic</u> , – Continue to WORK – Test @ day 5 & 12. Call Center will contact staff to schedule – Self-MONITOR for fever & symptoms twice daily If HCW <u>symptomatic</u> , – CONTACT Occupational Health (7am - 7pm) @ COVID Call Center 833-ASK-YNHH (option 2) – EXCLUDE from work + SELF-ISOLATE – Test
No Mask	Mask < 6 feet for =/> 15 minutes over a 24-hour period				
No Mask	No mask < 6 feet for =/> 15 minutes over a 24-hour period				
No Mask	Outdoors			HIGH RISK	IF HCW <u>asymptomatic</u> , – Home QUARANTINE** – Test - Workplace exposure @ day 5 & 12 - Community or home exposure @ day 12 - Call Center will contact staff – Self-MONITOR for fever & symptoms twice daily If HCW <u>symptomatic</u> , – CONTACT Occupational Health (7am - 7pm) @ COVID Call Center 833-ASK-YNHH (option 2) – EXCLUDE from work + SELF-ISOLATE – Test
No Mask	No mask < 6 feet for =/> 15 minutes over a 24-hour period				
	Indoors (includes positive household members)				
High risk aerosol generating procedure No N95 (or equivalent) & no goggles/face shield	Any amount of time in same room that procedure is taking place				

These are guidelines only which are subject to change and should be used based on specific scenarios. If in question reach out to Infection Prevention or Occupational Health.

*Infectious period begins 2 days before onset of symptoms or positive test if asymptomatic

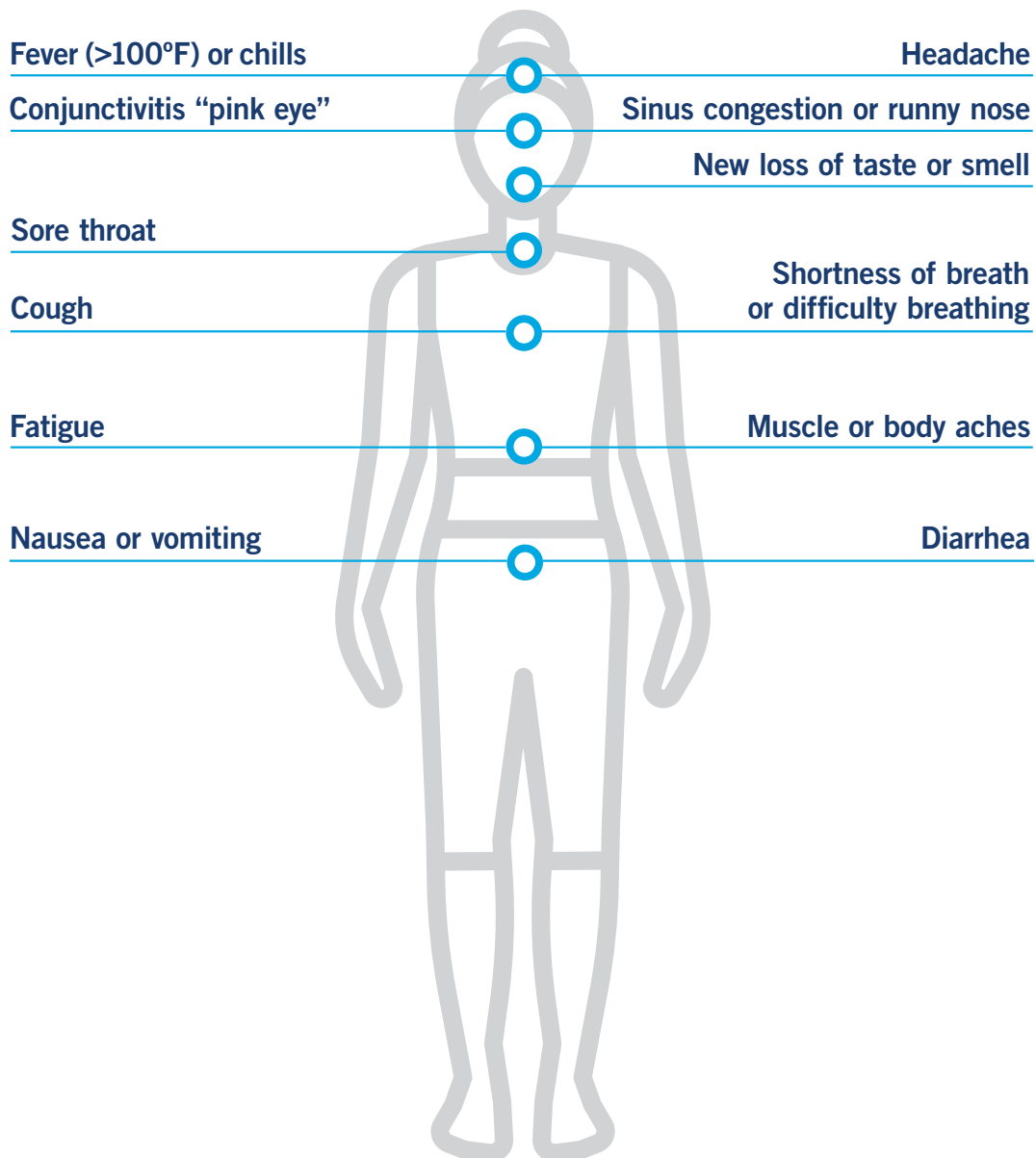
**Dept VP/Chair, CNO, CMO may request an exemption if there is significant effect on operations from the Medical Director of IP.

Important COVID-19 reminder for YNHHS employees and staff

To help prevent the spread of COVID-19 and protect your coworkers' and our patients' safety:

- **Monitor yourself twice daily** for symptoms and fever, including a check each day **before** you leave for work.
- If you experience ANY of the symptoms listed below, with or without fever, **do not come to work.** Stay home and contact the COVID-19 Call Center: 833-ASK-YNHHS (use option 2). Also please contact your manager.

COVID-19 symptoms include:



We're all in this together. Thank you for doing your part.