START: MD/APC evaluation

Symptoms are Mild, Moderate, or Severe?

Healthy Child >3m w/ Mild Symptoms:

Mild Symptoms URI:
No work of breathing, well hydrated

Care Plan:
• Reassure patient and family
• Self monitor per CDC
• Follow home isolation per Pediatric Office Triage Guideline, home isolation 10 days with resolving symptoms and no fever x24 hrs.
• Minimum: Follow up call 24-48 hrs and then as needed
• Call back for fever or worsening symptoms for reassessment

Care Plan (in addition to interventions for mild symptoms):
• F/U phone calls/telehealth visits may be more frequent based on risk assessment and patient needs
• Consider home O2 sat monitoring if available
• Monitor for dyspnea, cough, fever eg. progression to severe
• Monitor hydration
• Follow home isolation per Pediatric Office Triage Guideline
• If symptoms worsen, consider ED evaluation and/or Lab/Imaging

MD/APC evaluation video visit

For otherwise healthy children >3m of age w/ moderate symptoms:
Examples include not limited to:
• Mild work of breathing/Persistent Coughing
• Well-hydrated
• Prolonged fever
• Moderate/ Severe pain

For symptomatic children with risk factors for disease progression:
Examples include not limited to:
• Asthma that requires daily medication
• Diabetes
• Immunosuppression or immunodeficiency
• Obesity or BMI >95% for age
• Congenital or chronic heart, kidney, liver or lung disease
• Teenager
• Black or Hispanic Persons

Symptoms worsening?

Stable Clinical Assessment

YES

Pt has Moderate/Severe Symptoms or worsening symptoms or child w/ mild symptom and underlying condition

YES

MD/APC evaluation

Pt has Severe Symptoms

Severe
• Moderate/Severe work of breathing
• Tachypneic
• Signs of dehydration
• Lethargy

Symptoms worsening?

Needs urgent office assessment or ED and evaluation for hospital admission

• Call before sending to inform of COVID-19 status
• If ambulance needed must inform of COVID-19 status

D/C from ED/Hosp
F/U with patient 24-48 hrs after discharge

SYMPTOMS RESOLVING

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Additional Resource: