AMBULATORY CARE OF NEWBORNS OF COVID-19+ MOTHERS

MOTHER = COVID+ NEWBORN = COVID+

MOTHER = COVID+ NEWBORN = COVID-

Asymptomatic Newborn

Optimize telemedicine for newborn visits

If determined that newborn needs to be seen face-to-face

Office PPE Available

• Bring newborn and one caregiver (healthy surrogate preferred) into office.
• If possible, schedule newborn as last visit of the day.
• Bring mask to caregiver prior to entry.
• Bring newborn and caregiver immediately to designated room bypassing waiting room. Keep door closed.
• Limit providers in patient room.
• Don proper PPE:
  • N95 preferred. If not available, use surgical mask.
  • Gown, gloves, eye protection (goggles or face shield)

Office PPE NOT Available

• Patient visit requires PPE.
• Consider alternative patient care sites (e.g. local ED).
• If sending to alternative location, please call ahead.

Clearance of Asymptomatic Newborn’s Precautions:
• If newborn has no new contacts, recommend using PPE for all in-person visits for 1st 14 days of life AND until mother and all household contacts are cleared per the criteria below (whichever is longer):
  • Mother and symptomatic household members are cleared of precautions when EITHER:
    • They have been afebrile for 72 hours without use of antipyretics AND at least 7 days have passed since symptoms first appeared OR
    • Two negative results of SARS-CoV-2 testing from at least two nasopharyngeal swab specimens collected ≥24 hours apart.

Guidelines for COVID+ mothers:
1. If the mother or COVID+ person/PUI is in the same household, he/she should maintain a distance of at least 6 ft from the newborn for as much of the time as possible. When in closer proximity to the newborn, person should use a mask and perform hand hygiene with all newborn care.

2. Breastfeeding:
   • COVID+ mother/COVID+ newborn: Mother may resume breastfeeding.
   • COVID+ mother/COVID- newborn: Mothers may express breastmilk while wearing a mask and after appropriate hand/breast hygiene. Breastmilk may be fed to newborn. Pump parts should be cleaned thoroughly after each pumping session with warm soapy water. Bottles should be wiped down with sanitizing wipes (i.e. Purell wipes) after pumping and before refrigerating. Pumping kit should be sanitized daily using either a microwave steam bag, a pot of boiling water or the dishwasher on a sani-cycle.

Hearing Screen and Circumcision
Policies in newborn nurseries are variable. COVID+ or exposed newborns may not have had procedures done prior to discharge. Please discuss with caregivers and ensure appropriate follow-up.