

Mid-Turbinate Self-Swab

Instructions for use: this can be utilized to determine initial competency of the collection specialist with their preceptor and as a guide outlining the proper steps for mid-turbinate self-swab. This form is not part of the permanent record since this topic is included in the CBO.

Procedure:	Met	Not Met
1. Confirms appointment on the schedule by asking client to state their name and DOB.		
2. Prints client specimen label.		
3. After label prints, confirms name and DOB with client.		
4. Affixes client label to the container.		
5. Observer performs hand hygiene.		
6. Dons appropriate PPE per protocol.		
7. Describes the procedure to the client.		
8. Client performs hand hygiene.		
9. Observes client properly tilting the head back and inserting swab into the nostril (about 1 inch for adults). Client should be instructed to push a little past resistance if possible.		
10. Observes client rotating the swab for 10 seconds in the nostril.		
11. Observes client repeating steps 9 & 10 in the other nostril using the same swab.		
12. Instructs the client to place the swab in the culture tube. Observer checks to make sure the swab was placed appropriately in the container by the client.		
13. Client secures the specimen container top.		
14. Directs the client to place the specimen in a biohazard bag; the collection specialist holds the bag open while the client drops the culture tube in.		
15. Client performs hand hygiene.		
16. Observer seals the bag.		
17. Disposes of any used materials in appropriate container.		
18. Sends specimen to lab (or refrigerate until pick-up) per protocol for the area.		
19. Doffs PPE per protocol.		
20. Performs hand hygiene.		