YNHHS Rehab Services (PT/OT/SLP) and Mobility Guidelines for COVID-19

Scope: Adult inpatients in YNHHS who may require evaluation by inpatient rehab services (PT/OT/SLP)

Background:
1) Rehab services provides essential evaluations and treatments for many inpatients. However, much of this work puts therapists at high risk for COVID-19 exposure and transmission.
2) Appropriate clinical care should continue to be delivered when critical, while minimizing risks to staff.

Leadership and Decision Making:
1) YNHHS Adult Inpatient COVID-19 PT/OT/SLP leadership, Medical leadership, and Nursing.

PT/OT Evaluation and Treatment Consultations
1) Routine, non-discharge dependant PT/OT bedside evaluations and f/u treatments will largely be deferred
2) Clinically necessary and/or Discharge dependent evaluations will be reviewed with nursing and medical/surgical team prior to bedside evaluation to determine necessity
   a. Mobility assessments will be limited to the patient’s room
   b. Focus of assessments will be on essential components for objective disposition assessment, and on patient education for continued self-treatment, creation of a plan of care
   c. Follow up treatments will not occur routinely without discussion with the medical/surgical team to assess need

SLP Evaluation and Treatment Consultations:
1) Routine, non-emergent SLP bedside evaluations will largely be deferred
   a. SLPs will remain available for phone consultation, or for tele evaluations where clinically appropriate
   b. FEES and Modified Barium Swallow evaluations will be deferred entirely at this time.
   c. Tracheoesophageal puncture and Passey-muir valve evaluations will be deferred entirely at this time
2) SLP staff will continue to provide evaluation and treatment services in emergent clinical scenarios for all patients
   a. Emergent evaluations require approval by SLP manager and/or SLP medical director