YNHHS Adult Inpatient COVID-19 Clinical Discharge Guidelines

Scope: Adult inpatients in YNHHS with COVID-19

Definitions:

1) COVID-19 refers to those with positive testing
2) PUI refers to Person Under Investigation or COVID-19 test pending

Leadership and Decision Making:

1) YNHHS Adult Inpatient Clinical Discharge Guidelines arrived at through consensus jointly with leadership from Infectious Disease, Medicine, Nursing leadership.

Clinical Criteria:

1) Afebrile > 48 hours prior to discharge, OFF of anti-pyretics
2) Stable oxygen saturation x 48h, on no more than 2LPM of O2 continuous
   a. If on O2 at baseline, should be within 1-2LPM of baseline rate; no more than 5LPM continuous
3) Stable or improving inflammatory markers (CRP, absolute lymphocyte count are priorities; Other markers like Ferritin may lag). Values do NOT need to have normalized prior to discharge.
4) Other clinical variables improved as relevant
5) Access to prompt outpatient follow up
   a. Utilization of PCP
   b. Utilization of COVID Tele Inpatient Follow Up clinic as available
6) Home care/Self Isolation instructions reviewed with patient, understanding verbalized. Written instructions (from Epic Clinical References) provided as well.