

COVID-19

Strategies to control transmission



- **Monitor yourself for symptoms and fever**

Monitor yourself twice daily for symptoms and fever, including a check each day before you leave for work.



- **Stay home when you first feel sick**

Contact Occupational Health in the COVID-19 Call Center at 833-ASK-YNHHS if you have symptoms of COVID-19 or have tested positive for COVID-19. If you develop symptoms while at work you need to go home.



- **Wear a face covering**

Everyone must wear a face covering which covers the mouth and nose at all times within the building. Face masks are required in patient care areas. Cloth face coverings are acceptable in non-patient care area. Mask should also worn outside when social distancing cannot be maintained.



- **Increase physical distancing**

Limit size of gatherings and maintain at least a 6 foot distance from each other. Limit the time of interactions.



- **Practice hand hygiene**

Wash your hands often with soap and water for at least 20 seconds or use an alcohol based hand rub.



- **Clean and disinfect**

Practice routine disinfection of frequently touched objects and surfaces.

For more information, please visit www.ynhhs.org or www.cdc.gov.

COVID-19

Strategies to control transmission

Reduce encounters

- Limit the number of people in work areas: offices, charting rooms, break rooms, conference rooms
- Consider mobile work stations where work spaces are closely spaced
- Use stairs if possible. Limit persons in elevators to 4 persons.
- Do not congregate in groups
- Limit the size of gatherings for meetings, dining and social events
- Conduct meetings virtually or communications by phone or email whenever possible
- In-person meetings should be kept short and in rooms where distancing can be maintained
- Telework whenever possible as determined by your manager
- Avoid close contacts and do not shake hands
- When discussing patient information and <6 foot distancing is needed to ensure privacy, keep interactions brief.

Arrange lunch/breaks in a manner that accommodates social distancing (6 feet)

Exposure during breaks (eating) has resulted in outbreaks of COVID-19 in healthcare settings.

- Stagger lunch and break times
- Eliminate table or chairs or limit number of persons to a table and to an assigned lunch/break area. Do not rearrange chairs and tables that have been spread out.
- Consider bringing your meals to minimize traffic in the cafeteria
- Maintain a 6 foot distance in food lines
- Leave masks on when not actively eating or drinking
- Place visual markers to indicate 6 foot distancing in areas where lines form and seating areas
- Leadership should assess common spaces in their areas to ensure social distancing and safe behaviors are being practiced on a daily basis. Refer to “Breakroom and Other Common Areas Checklist”.
- Explore the use of non-traditional break area such as outside seating, conference rooms, lobbies, etc.

Minimize transmission

- Wear mask or face covering over the nose and mouth in shared spaces
- Wipe down and wash hands before touching shared equipment and/or appliances.
- No communal eating (shared food and drinks)
- No personal items/utensils left in common areas

Patient care

- Patients are to wear masks when out of their rooms and when others are in their rooms (visitors, while staff providing care)
- Healthcare workers entering a patient room must **remind the patient in the room to don the mask before the healthcare worker enters the room.**
- Educate patients and visitors about the importance of performing hand hygiene when entering and exiting patient rooms and after contact with mask
- Staff are to follow PPE, hand hygiene and isolation policies
- Eye protection (face shields, goggles, safety glasses) is to be worn for all patient care when the patient is unable to wear a mask. Prescription glasses are not protective eyewear.

Checklist

For breakrooms and other shared spaces

- Limit number of persons in room to ensure employees are spaced greater than 6 feet apart.
- Place signage on door with maximum capacity allowed to ensure staff can remain 6 feet apart
- Ensure chairs are arranged 6 feet apart. Tape/tie off chairs if unable to remove.
- Place signage on table reminding staff of safe practices.
- Masks are to be on at all times except when actively eating and drinking.
- Masks are not to be removed if 6 foot distancing cannot be maintained.
- Shared and common foods and utensils are to be restricted.
- Staff should perform hand hygiene upon entry to room and upon leaving.
- Using disinfectant wipes, staff are to disinfect the space they used before leaving the room.

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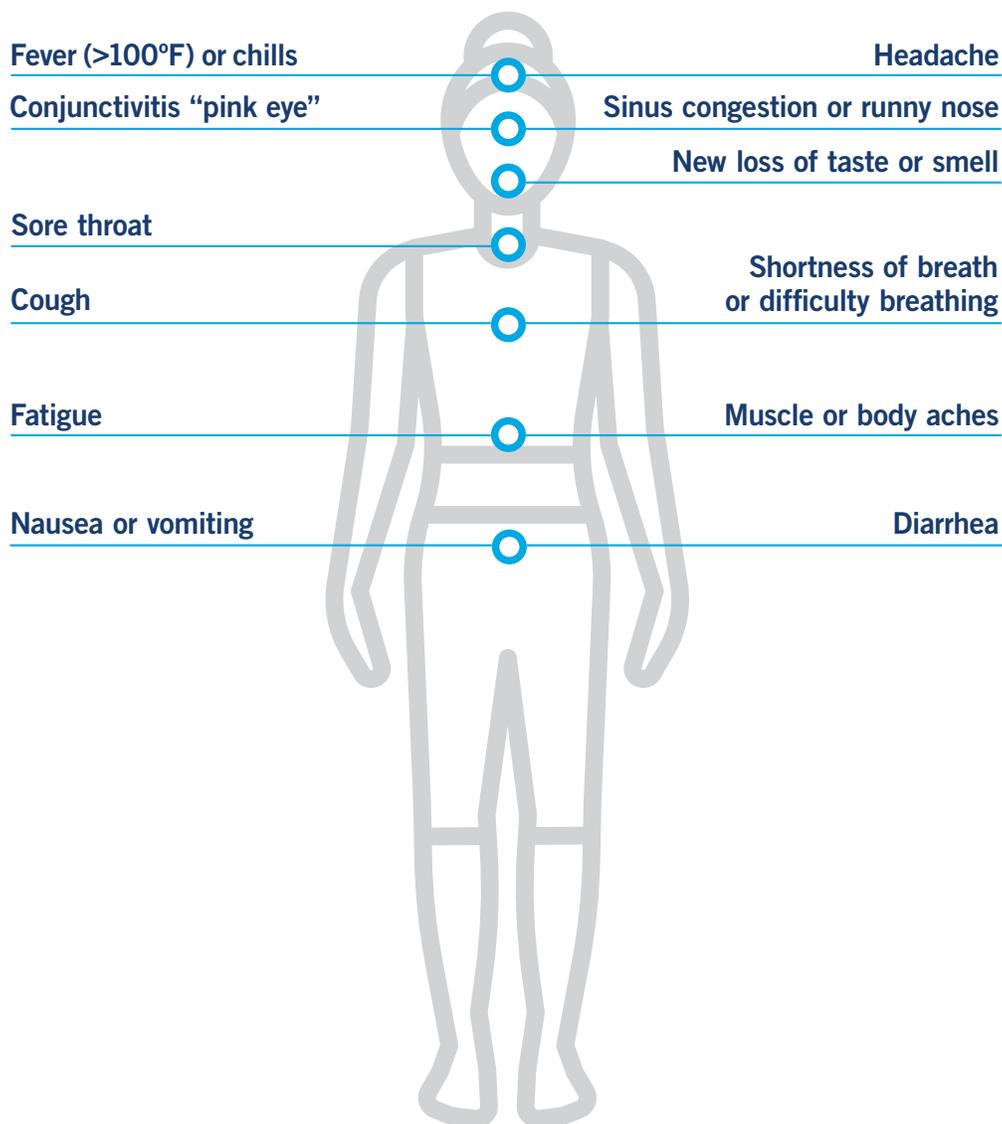
Symptoms

Contact tracing

Infection Prevention in conjunction with Occupational Health is conducting contact tracing for staff who have tested positive for COVID-19 or staff who have been exposed to a person or patient with confirmed COVID-19.

- Staff should reach out to Occupational Health via the COVID-19 Call Center if they have symptoms of, have tested positive for COVID or concerns of being exposed by a household member or in the community.
- Managers should reach out to their local Infection Prevention staff if they have concerns of workplace staff exposures or transmission of COVID within their department.

COVID-19 symptoms include:



Resources

Available through the Marketplace - Print Center

17575 (flyer)

Attention
Maximum Room Capacity




Masks are to be worn except when eating or drinking.

Maintain 6 feet distance from others.

YaleNewHavenHealth 17575 (10/08/20)

17569 (flyer)



Eat Up then Mask Up

For the safety of your coworkers and yourself, don't forget to put your mask on once you've finished eating!

YaleNewHavenHealth 17569 (10/07/20)

17063-E (flyer)

Attention

- Please social distance. Stay six feet from others. Maintain personal space.
- Wear a face mask.

Thank you for helping reduce the risk of spreading COVID-19.



YaleNewHavenHealth 17063-E (05/10/20)

17236 (flyer)

Face Mask Do's and Don'ts
Máscara facial Qué hacer y qué no hacer

Before putting on your face mask, clean your hands. Put on your face mask so it fully covers your mouth and nose. Antes de ponerse la máscara, limpie sus manos. Coloque su máscara de modo que cubra completamente su boca y nariz.



DO secure the elastic bands around your ears.
SI Asegure las bandas elásticas alrededor de las orejas.



DO secure the ties at the middle and base of your head.
SI Asegure los lazos en el medio y la base de su cabeza.

When wearing a face mask, **DON'T** do the following:
Cuando use una máscara facial, **NO** haga lo siguiente:



DON'T wear your face mask under your mouth or nose.
NO use su máscara por debajo de la boca o la nariz.



DON'T allow the straps to hang down.
NO permita que las correas cuelguen hacia abajo.



DON'T touch or adjust your face mask without cleaning your hands before and after.
NO toque o ajuste su máscara sin lavar sus manos antes y después.



DON'T wear your face mask on your head.
NO use su máscara por sobre la cabeza.



DON'T wear your face mask around your neck.
NO use su máscara alrededor de su cuello.



DON'T wear your face mask around your arm.
NO use su máscara alrededor de su brazo.

Yale NewHaven Health 17236 (05/07/20)

Resources

Available through the Marketplace - Print Center

17061 (tent 5.5 x 5.25)



17061 (decal 8 x 6)



17341 (tent 6 x 6)



17341 (decal 8 x 6)



17577 (tent card 5.5 x 4.25)
Spanish on other side



17576 (decal 6.5 x 5)

