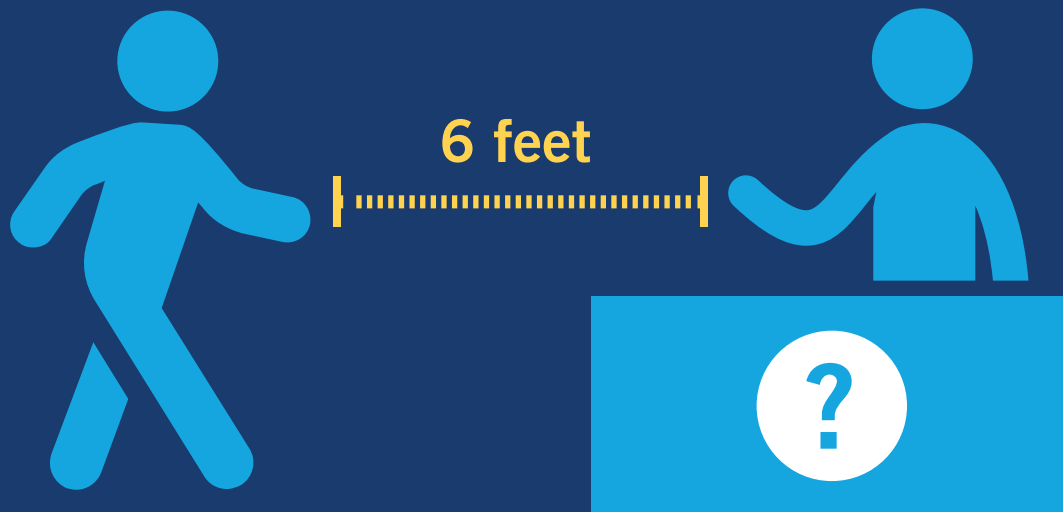


Coronavirus (COVID-19)

Precautions for your well-being and safety

Please keep 6 feet of distance
between yourself and the
reception desk.



YaleNewHaven**Health**

Coronavirus (COVID-19)

Precautions for your well-being and safety

Social Distancing

Keep 6ft. from others when possible.



YaleNewHaven**Health**

Coronavirus (COVID-19)

Precautions for your well-being and safety

Cover your mouth and nose
every time you cough or sneeze
with your elbow or a tissue.



YaleNewHaven**Health**

Coronavirus (COVID-19)

Precautions for your well-being and safety

Refrain from touching your eyes, nose and mouth.

You do it over 2 dozen times per hour!



YaleNewHaven**Health**

Coronavirus (COVID-19)

Precautions for your well-being and safety

Do's and Don'ts of Social Distancing



DO

Avoid close contact with others, by both number and by distance.

DO

Avoid crowds, events where the public gathers as much as possible.

DO

Stay home if feeling sick. Use a separate room and bathroom. Try to avoid sharing items.



DON'T

Get within six feet of any persons, especially if feeling ill.

DON'T

Go out to large gatherings, such as fundraisers, restaurants and events.

DON'T

Visit stores or go out to other public places if you have symptoms of an illness.

YaleNewHaven**Health**

Coronavirus (COVID-19)

Precautions for your well-being and safety

Washing your hands is one of the most important steps that you can take to help stop the spread of respiratory illnesses like coronavirus. It takes 20 seconds, roughly the same amount of time it takes to sing “Happy Birthday” twice, to clean them properly using soap and water.



YaleNewHaven**Health**

Coronavirus (COVID-19)

Precautions for your well-being and safety

Symptom Comparison

Symptoms	Allergies	Cold	Influenza (Flu)	Coronavirus (COVID-19)
Cough	Sometimes	Often	Often	Often
Fever	Never	Rare	Often	Often
Fatigue	Sometimes	Sometimes	Often	Often
Shortness of Breath	Rare	Rare	Rare	Often
Stuffy Nose	Often	Often	Sometimes	Rare
Sneezing	Often	Often	Rare	Rare
Sore Throat	Rare	Often	Sometimes	Sometimes
Headache	Rare	Rare	Often	Sometimes
Body Aches	Never	Often	Often	Sometimes
Diarrhea/GI	Rare	Rare	Sometimes	Sometimes

*Symptoms may range from mild to severe depending on individual health and/or pre-existing conditions. Consult your physician with questions.

YaleNewHavenHealth