

Ambulatory Triage Algorithm for Obstetrical Patient Telephone Calls

Screen for COVID-19

See YM/YNHHS COVID-19 Screening Questions and Temperature Guidelines

In the last 14 days, have you tested positive for COVID-19, knowingly been exposed to anyone with COVID-19, or are you awaiting a COVID-19 test result?

OR, do you have any of the following: Fever $\geq 100.0^{\circ}\text{F}$ or 37.8°C , cough, shortness of breath, chills, shaking chills, fatigue, muscle pain, headache, sore throat, new loss of taste or smell, congestion or runny nose, nausea or vomiting, diarrhea?

OR, have you been outside of Connecticut or New York in the last 14 days? If yes, where have you traveled?

↓ No positive answers

↓ Any positive answers

Negative COVID Screen

- Continue standard triage for OB symptoms
- Communicate next scheduled appointment w/ Pt if no acute concerns
- Review CDC Recommendations for social distancing including mask/face cover

Positive COVID Screen

RN/MD/APP Triage patient & develop plan of care for medical management and COVID-19 testing

Does patient have **Pregnancy Symptoms/ Concerns?**

MILD/MOD symptoms & NO Clinical/Social Risks

- Consider phone assessment & management, office assessment as needed
- Order outpt SARS-CoV-2 test, instruct patient to self-schedule via MyCart or await call from **YNHH test scheduler**
- Review CDC recs for Home Isolation.

SEVERE SYMPTOMS

Regardless of Clinical/Social Risks

Instruct patient to seek evaluation in the ED

- Notify ED, and L&B charge RN to expect OB patient arrival with positive screening
- Triage for OB symptoms

MILD/MOD symptoms & YES Clinical/Social Risks

- Triage for OB symptoms
- Determine correct location for SARS-CoV-2 test
 - Outpt: Order outpt test
 - Inpt: Refer to hospital for care and COVID test
- Consider phone or office evaluation. If requires face to face evaluation, notify L&B

YNHH COVID-19 Hotline: 833-ASK-YNHH (7 days per week, 7am – 7pm)

Infection prevention staff available via hotline

YNHH: YSC L&B 203-688-2309

YSC ED: 203-688-6786

SRC ED: 203-789-3464

BH: L&B 203-384-3145

LMH: L&B 860-444-5103

GH: L&B 203-863-3510

ACOG/SMFM Illness Severity Assessment for Triage of Pregnant Women with Suspected or Confirmed Novel Coronavirus (COVID-19)

Severe Symptoms

- Difficulty breathing or shortness of breath?
- Difficulty completing a sentence without gasping for air or needing to stop to catch breath frequently when walking across the room?
- Cough more than 1 teaspoon of blood?
- New pain or pressure in the chest other than pain with coughing?
- Unable to keep liquids down?
- Are there signs of dehydration such as dizziness when standing?
- Less responsive than normal or confused?

Mild/Moderate Symptoms

- No positive answers to severe symptom screen
- Feels unwell
- Breathing OK

ACOG/SMFM Clinical and Social Risks

Co-morbidities

- Hypertension
- Diabetes
- Asthma
- HIV
- Chronic heart disease
- Chronic liver disease
- Chronic lung disease
- Chronic kidney disease
- Blood dyscrasia
- Current use of immunosuppressive medications

Obstetric Issues (e.g. preterm labor)

Inability to care for self

