



Personal/Family Preparedness Plan: "PEACE" of Mind

P Prepare your plan	√		Review Date
		Prepare and review my personal/family preparedness plan	
E Emergency Preparedness Kit	√		Expiration Date
		Home Kit	
		Travel Kit	
		Work Kit	
A Arrange for the care of others	√		Caretaker:
		Children	Phone:
		Parents	
		Pets	
C Contact numbers and locations	√		Contact Person and Location:
		Primary Contact	Phone:
		Alternate Contact	
		Family Meeting Spot	
		I.C.E. In Case of Emergency	
E Exercise and evaluate	√	Every 6 months:	Dates
		Exercise my plan	
		Review contact information	
		Update my supplies	

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Center for Emergency Preparedness and Disaster Response

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